



OFFICIAL LAUNCH OF ISPAH LMIC COUNCIL

The steering committee of the ISPAH LMIC Council is pleased to invite you to the official 'virtual' launch of the council on 29th October 2020 at 14:00 hours GMT.

The hour-long event will showcase physical activity promotion and research across the globe.

Join Zoom Meeting* at the following link:

<https://us02web.zoom.us/j/81026806327?pwd=ZEZHWkZjUytUNG9XY0ppRXYrSXNldz09>

Meeting ID: 810 2680 6327

Passcode: 561630

*Expanded information for the zoom meeting link is given on the last page



Schedule is as follows

2pm GMT: Welcome note (3mins): Nana Kwame Anokye, BA MSc PhD FRSPH

Director, Division of Global Public Health, Brunel University London

Africa region

2:03: Introductions & brief overview – Africa Region (2 mins): South Africa Professor Estelle Lambert is Director, University of Cape Town Research Centre for Health through Physical Activity, Lifestyle and Sports and former head of the Division of Exercise Science and Sports Medicine

2:05: Live Presentations (but with a recorded version as a back-up) by Speakers from Africa Region (15mins)

2:05 South Africa- Professor Estelle Lambert is Director, University of Cape Town Research Centre for Health through Physical Activity, Lifestyle and Sports and former head of the Division of Exercise Science and Sports Medicine

2:07:30 South Africa- Professor Rowena Naidoo is an Associate Professor/biokineticist in the Discipline of Biokinetics, Exercise and Leisure Sciences at the University of KwaZulu-Natal

2:10 South Africa- Professor Cheryl Walter is Co-Director of the KaziBantu Project. Nelson Mandela University

2:12:30 Nigeria- Dr Adewale Oyeyemi, Ph.D. is Associate Professor of Community Physiotherapy and Health Promotion at University of Maiduguri, Nigeria

2:15 Cameroon- Dr Felix Assah Deputy Director of Health of Population in Transition Research Group, Yaoundé, Cameroon and a Clinical Fellow

2:17:30 South Africa- Professor Philippe Gradidge Associate Professor in the Centre for Exercise Science and Sports Medicine, University of the Witwatersrand

Asia Region

2:20: Introductions & brief overview – Asia Region (2 mins): Shifalika Goenka, Professor, Public Health Foundation of India, Head, Physical Activity and Obesity prevention, Centre for Chronic Disease Control (CCDC)| WHO Collaborating Centre in Cardio-metabolic diseases

2:22: Live and recorded Presentations (with a recorded version as a back-up) by Speakers from Asia Region (15mins)

2:22 WHO – SEARO (south east Asian regional office) - Dr Gongal, Regional Advisor, Department of Healthier Populations and Non-communicable Diseases under World Health Organization Regional Office for South East Asia.

2:25 Myanmar- His Excellency, Union Minister, Ministry of Health and Sports, the Republic of the Union of Myanmar Dr Myint Htwe, recorded 2 minutes on the national physical activity program in Myanmar (Recorded).

2:28 India- Ms. Ekta Vishnoi, Mission Director- Fit India, Sports Authority of India, Ministry of Youth Affairs and Sports, Government of India.

2:31 Sri Lanka- Ishanka Ayeshwari Talagala, Directorate of Non-Communicable Diseases (NCD), Ministry of Health-Sri Lanka. She is the National focal point for the physical activity promotion programmes and all NCD programs

2:34 Thailand- Ms. Orana Chandrasiri, Researcher at the International Health Policy Program, the Ministry of Public Health of Thailand.

Latin America and Caribbean Region

2:37: Introductions & brief overview – Latin America and Caribbean Region (2 mins): Dr Patricia Mogrovejo PhD. Scientific Director and President of Savinmed.

2:39: Live Presentations (but with a recorded version as a back-up) by Speakers from Latin America and Caribbean Region (15mins)

2:39 Colombia- Dr Olga L. Sarmiento, Professor at the Department of Public Health in the School of Medicine at Universidad de Los Andes (Bogotá, Colombia).

2:43 Brazil- Professor Dr Victor Keihan Rodrigues Matsudo, Scientific Director and President of the Physical Fitness Research Centre of São Caetano do Sul – CELAFISCS. Professor of Medicine at Gama Filho University. Chairman of the Agita São Paulo Program (recorded).

2:47 México- Dr Edna Jáuregui, PhD, Physician and Paediatrician, State Coordinator of Physical Activity of the Secretary of Health in Jalisco, México. Associate Professor at the University of Guadalajara in the Institute of Physical Activity Applied and Sports Sciences.

2:51 México- Dr. Alejandra Jáuregui is Chair of the Department of Physical Activity and Healthy Lifestyles at the Mexican National Institute of Public Health.

2:54 GMT: Q&A (5mins)

2:59 GMT: Closing Remarks (1 min)



OFFICIAL LAUNCH OF ISPAH LMIC COUNCIL
29th October 2020 at 14:00 hours GMT

Speakers from Africa Region



Professor Estelle Lambert is Director, University of Cape Town Research Centre for Health through Physical Activity, Lifestyle and Sports and former head of the Division of Exercise Science and Sports Medicine, in the Department of Human Biology, Faculty of Health Sciences, University of Cape Town. She is author or co-author of more than 2 peer-reviewed, scientific publications (Scopus, Sept 2020), with an h-index of 55 and over 16400 citations. She is actively involved in research on the role of physical activity (PA) for public health and has acted as a consultant to World Health Organization (WHO) on issues related to the Role of Diet and Activity in the Prevention of Non-Communicable Diseases and Developing a Global Action Plan for Promoting Physical Activity for Health (GAPPA), the WHO PA Guidelines Development Group 2020, and the WHO Global Regulatory & Fiscal Capacity Building Programme Promoting Healthy Diets and Physical Activity (Sept-Nov, 2019, Kenya, Tanzania, and Uganda).

Professor Rowena Naidoo is an Associate Professor/biokineticist in the Discipline of Biokinetics, Exercise and Leisure Sciences at the University of KwaZulu-Natal. As a registered biokineticist, she has travelled with numerous sports teams both locally and internationally. As a Doping Education Officer and the Doping Education coordinator in KwaZulu-Natal, Rowena, coordinates doping awareness education programmes at all levels of sport. She has been working with the South African Institute for Drug-Free Sport since 1999. Rowena is also a founding executive member of the International Society of Qualitative Research in Sport and Exercise. Research interest: Rowena is interested in promoting cross-disciplinary and inter-institutional research projects, particularly concerning children with disabilities. Areas of current research interest include promoting physical activity and sport in children with disabilities.



Prof. Cheryl Walter is Co-Director of the KaziBantu Project, a specially tailored school-based intervention programme aimed at consolidating the practice of physical education and ensuring the physical literacy and healthy active living of school children and teachers. Her research focuses on the understanding of both the benefits and the restraints relating to physical activity for health, especially among schoolchildren, and more generally among women and girls from marginalized communities



OFFICIAL LAUNCH OF ISPAH LMIC COUNCIL
29th October 2020 at 14:00 hours GMT



Adewale Oyeyemi, Ph.D. is Associate Professor of Community Physiotherapy and Health Promotion at University of Maiduguri, Nigeria. Dr Oyeyemi is involved in multiple international projects, among which are the NIH-funded IPEN Adult and IPEN Adolescent studies. His primary research interests are understanding the epidemiology of lifestyle behaviours with focus on physical activity, sedentary behaviour and obesity, and their socioecological determinants and promoting evidence-based strategies for preventing physical inactivity related chronic disease across the lifespan, especially in low-and middle-income countries. He is an author of over 65 international peer-reviewed scientific papers and 3 book chapters. He serves on the Editorial Board of three journals, and was on program/steering committees for international organizations like the WHO, African Physical Activity Network, ISPAH, and the International Society for Behavioral Nutrition and Physical Activity.

Dr Felix Assah

Deputy Director of Health of Population in Transition Research Group, Yaoundé, Cameroon and a Clinical Fellow. Dr Assah is undertaking a population-based study of the links between objectively measured physical activity, metabolic disease risk and rural and urban living in Cameroon.



Professor Philippe Gradidge, Associate Professor in the Centre for Exercise Science and Sports Medicine, University of the Witwatersrand. His research focus is on the epidemiology of obesity and related cardiometabolic diseases, with particular interest on the influence of physical activity on the pathogenesis of these diseases amongst adults living in sub-Saharan African settings.



OFFICIAL LAUNCH OF ISPAH LMIC COUNCIL
29th October 2020 at 14:00 hours GMT

Speakers from the Asian Region

Dr Gyanendra Gongal, a Regional Advisor in the Department of Healthier Populations and Noncommunicable Diseases under World Health Organization Regional Office for South East Asia. He worked for Government of Nepal for 17 years and joined WHO in 2006. He received young scientist award from Nepal Academy for Science and Technology in 1999 and WHO Reward for Excellence in 2016. He has been involved in health promotion, prevention and control of zoonoses and food safety. As a member of the Health risk factor team, he has been involved in promoting physical activities in South East Asia region.



Ms. Ekta Vishnoi is Mission Director- Fit India, Sports Authority of India, Ministry of Youth Affairs and Sports since November 2019. She is an Indian Revenue Services- Income Tax (IRS-IT) Officer of 1999 batch. She has won Finance Minister's Gold Medal for Best Probationer after joining the services. She is having an avid interest in Fitness and Sports represented at National and International events of Power lifting and also won gold at 57 kg weight category in the National Masters Power lifting championship 2018 held in

Kozhikode. With her focused vision and great leadership qualities, several innovative concepts and ideas have been incorporated in Fit India Mission

Dr Myint Htwe, he is the Honorable Minister, Ministry of Health and Sports, the Republic of the Union of Myanmar. He has spent over 16 years (1994 – 2010) with WHO, serving as Regional Advisor for Research and Policy Cooperation, Regional Advisor for Evidence for Health Policy, Chief of Internal Review and Technical Assessment Unit and Director for Programme Management. He has the medical degree (1973) and a Diploma in Preventive and Tropical Medicine (1979) from the Institute of Medicine (Myanmar), a Master in Public Health (1982) from the University of the Philippines and a Doctorate in Public Health (1992) from the Johns Hopkins University (USA)



OFFICIAL LAUNCH OF ISPAH LMIC COUNCIL
29th October 2020 at 14:00 hours GMT



Ms. Orana Chandrasiri is a researcher at the International Health Policy Program, the Ministry of Public Health of Thailand. Her work mainly related to advancing policies at the national, regional, and global levels, including initiating multi sectors and multi stakeholder's joint actions on physical activity promotion. In 2017, she was seconded to the World Health Organization headquarters in Geneva to support the development of the Global Action Plan for Physical Activity. She is currently conducting research project that examines the

complex relationship between built environment and physical activity. Her recent publication investigates the role of urban public parks in promoting physical activity and healthy lifestyle in Thailand.

Dr Ishanka Talagala, Ishanka Ayeshwari Talagala [MBBS, MSc. MD (Community Medicine)] is a Consultant Community Physician, currently serving at the Directorate of Non-Communicable Diseases (NCD), Ministry of Health-Sri Lanka. She is the national focal point for the physical activity promotion programme and is involved in policy formulation, research, planning, implementation, monitoring and evaluation of various nation-wide programmes for prevention of NCDs including promotion of physical activity in the country. Ishankas' research interest lies in NCD and has authored several publications in both local and international peer reviewed journals and has several award-winning abstract publications in various renowned national and international scientific conferences.



OFFICIAL LAUNCH OF ISPAH LMIC COUNCIL
29th October 2020 at 14:00 hours GMT

Speakers from the Latin America and Caribbean Region



Dr Olga L. Sarmiento, Professor at the Department of Public Health in the School of Medicine at Universidad de Los Andes (Bogotá, Colombia). Her transdisciplinary research focuses on the relationship among the built environment, policy, and physical activity, with emphasis on inclusive and sustainable community programs in Latin America. Sarmiento has been a board member of the “International Society of Physical Activity and Health”, the “Global Advocacy for Physical Activity”, the “Urban Health Network for Latin America and the Caribbean” and the “International Society of Urban Health”. She has received distinctions from the Ministry of Sports of Colombia and the Institute of Sports and Recreation of Bogotá (Colombia) for promoting healthy behaviours in Colombia through academic work.

Dr Victor Keihan Rodrigues Matsudo is currently the Scientific Director and President of the Physical Fitness Research Centre of São Caetano do Sul – CELAFISCS, and he is full Professor of Medicine at Gama Filho University. Victor is the Chairman of the Agita São Paulo Program and he is founder Member and Chairman of the Physical Activity Network of the Americas (RAFA/PANA). Also, he is founder Member and Past Chairman and current Executive Board Member of the Agita Mundo Network and member of the International Consultative Group on Active Living of World Health Organization. Founder Member of the International Society of Physical Activity and Health – ISPAH. He is author of the book: “Tests in Sports Sciences”, which is now in 7th edition; and co-author of the book “Obesity and Physical Activity”

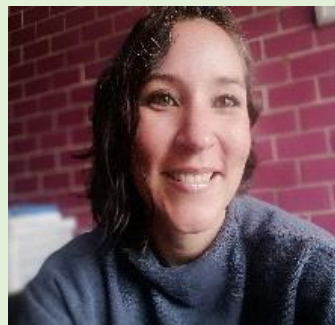


Dr Edna Jáuregui is a PhD Physician and Paediatrician with Postdoctoral studies on Health Promotion and epidemiology from Queens University in Canada. She is a State Coordinator of Physical Activity of the Secretary of Health in Jalisco, México. She also works as Associate Professor at the University of Guadalajara in the Institute of Physical Activity Applied and Sports Sciences for the last 25 years. Currently she coordinates the Physical Activity and Lifestyle Master Degree program (PNPC CONACYT) at the Universidad de Guadalajara, Mexico.



OFFICIAL LAUNCH OF ISPAH LMIC COUNCIL
29th October 2020 at 14:00 hours GMT

Dr. Alejandra Jauregui is Chair of the Department of Physical Activity and Healthy Lifestyles at the Mexican National Institute of Public Health. She earned her master's and doctoral degrees from the Mexican School of Public Health. She is member of the National Research System in Mexico. She has served as invited expert for the field of physical activity for the United Nations Educational, Scientific and Cultural Organization (UNESCO), the National Collaborative on Childhood Obesity Research (NCCOR), the World Health Organization, among others. She has collaborated directly with the Mexican ministries of health and education in the preparation of national strategies promoting healthy lifestyles among school-aged children and adolescents.



OFFICIAL LAUNCH OF ISPAH LMIC COUNCIL
29th October 2020 at 14:00 hours GMT



Join Zoom Meeting Details

<https://us02web.zoom.us/j/81026806327?pwd=ZEZHWkZUytUNG9XY0ppRXYrSXNldz09>

Meeting ID: 810 2680 6327

Passcode: 561630

One tap mobile

+19292056099,,81026806327#,,,,,0#,,561630# US (New York)

+12532158782,,81026806327#,,,,,0#,,561630# US (Tacoma)

Dial by your location

+1 929 205 6099 US (New York)

+1 253 215 8782 US (Tacoma)

+1 301 715 8592 US (Germantown)

+1 312 626 6799 US (Chicago) Find your local number: <https://us02web.zoom.us/j/kcag!Szt1>



OFFICIAL LAUNCH OF ISPAH LMIC COUNCIL
29th October 2020 at 14:00 hours GMT